

Meints Chiropractic & Wellness PA  
500 S Main Street Pine Island, Minnesota 55963  
**NEW PATIENT QUESTIONNAIRE**

First Name \_\_\_\_\_ Middle \_\_\_\_\_ Last Name \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_  
 Zip \_\_\_\_\_ Spoken Language – English/Spanish/Other \_\_\_\_\_ Race \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Birth Date \_\_\_\_\_ Marital Status: M S W D How many children \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
 Email Address \_\_\_\_\_ Gender: Male / Female  
 Referred by \_\_\_\_\_ Past chiropractic care? Y N When? \_\_\_\_\_  
 Who to contact in emergency? \_\_\_\_\_ Phone \_\_\_\_\_  
 Emergency Contact Relationship \_\_\_\_\_

**Current problem(s):** \_\_\_\_\_  
 \_\_\_\_\_

Is this a workers compensation case? Y N Auto/Personal Injury/other accident? Y N

List **car accidents/major injuries** you have had \_\_\_\_\_  
 \_\_\_\_\_

List any **diseases** you have had \_\_\_\_\_  
 \_\_\_\_\_

List **operations** you have had \_\_\_\_\_  
 \_\_\_\_\_

List **medications/drugs** you take \_\_\_\_\_  
 \_\_\_\_\_

Last time you saw a medical doctor? \_\_\_\_\_

**Mark your pain areas on these figures**

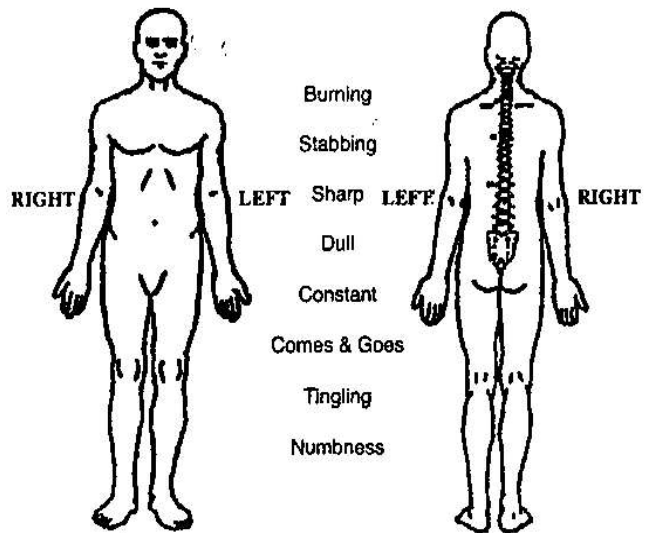
**Health Habits:**

Smoke? Y N \_\_\_\_\_ packs/day  
 Alcohol? Y N \_\_\_\_\_ drinks/day  
 Coffee? Y N \_\_\_\_\_ cups/day  
 Pop? Y N \_\_\_\_\_ cans/day  
 Water? Y N \_\_\_\_\_ glasses/day  
 Milk? Y N \_\_\_\_\_ glasses/day  
 Vitamins? Y N \_\_\_\_\_  
 Exercise? Y N \_\_\_\_\_

**Family History:**

Diabetes Heart Kidney Cancer Back

Mother \_\_\_\_\_  
 Father \_\_\_\_\_  
 Brother(s) \_\_\_\_\_  
 Sister(s) \_\_\_\_\_



**FOR DOCTORS USE ONLY**

Ht \_\_\_\_\_ Wt \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_ Pulse \_\_\_\_\_ Temperature \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient ID Number \_\_\_\_\_

## HISTORY OF THIS PROBLEM

**Patient Name** \_\_\_\_\_ **Patient ID#** \_\_\_\_\_

1. When was the **first time** you ever had this problem? \_\_\_\_\_ This is the first time
2. Did anything specific **cause** it that first time? N Y (Explain if yes)
3. **How many times** have you had this problem occur?
4. **When** did **this** episode of pain begin and **what** caused it?
5. **Describe your pain:** (circle) Mild Moderate Severe (circle all others below that apply)  
ache sharp shooting burning stabbing gnawing numb tingling other
6. How **frequent** is the pain? (circle one) constant comes & goes worse with movement
7. When is the problem **most intense**? day night early and late in the day
8. Does the pain **radiate**? Y N (circle where the pain/numbness/tingling goes below)  
head shoulder upper arm lower arm hand around chest  
buttock upper leg knee lower leg foot
9. Are there any **problems** with these organs since your problem began? (circle which ones)  
bowel bladder female organs stomach lungs heart male organs head
10. What **home treatments** have you tried?  
heat ice massage stretches exercises medicines (ie. Aspirin) rest
11. Mark **actions** which Aggravate (A) or Relieve (R): sitting\_\_\_\_ standing\_\_\_\_ walking\_\_\_\_  
laying\_\_\_\_ changing positions\_\_\_\_ bending\_\_\_\_ riding\_\_\_\_ cough\_\_\_\_ sneeze\_\_\_\_ strain\_\_\_\_
12. Are you **better, worse,** or the **same** now? (circle) Better Worse Same

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Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_